



Keith David Henry was born in 1962 in Philadelphia, Pennsylvania. By trade he is a Certified Systems Engineer, a Certified Trainer, and a published author. He has been an Information Technology professional for over thirty years, and has been an adult educator since 1986.

Having previously been an ordained Pentecostal Minister for a church in Philadelphia he later turned his sights to more esoteric pursuits, becoming conscientiously involved in the study and practice of various metaphysical disciplines. His reevaluation of mainstream religion coupled with his trademark sense of curiosity and propensity toward research opened up a whole new venue of expression for him. He prides himself on his wide range of general knowledge within this venue and has over the years become a Theoretical Metaphysicist.

Keith is the author of several books on Metaphysics and Philosophy and has recently published his first science fiction adventure novel. He is also an accomplished artist.

Keith is the host of the Internet talk radio program "Progressions of Consciousness" which airs weekly on the Community Listening Network station (CLNradio.com), the number one rated Internet Radio station in its genre today. Topics of discussion include metaphysics, philosophy, and other esoteric subjects of interest. His broadcast may be accessed by visiting his web site: www.CLNradio.com. Click on the "listen now" link at the scheduled times.

"The mind, once expanded to the dimensions of larger ideas, never returns to its original size." - Oliver Wendell Holmes



The Question is More Important Than The Answer
www.DontReadThisBook.NET

Inner Potential Study Series



Lesson **Eight**

We often use the mirror to help determine what we really look like. But is it really *us* looking back?

Who's The Real You?

Introduction

When we look in the mirror we see an image of what we suppose is ourselves. But what are we really seeing? In lessons two and three we discovered that 1) what we observe is strictly a product of perception, and 2) the reality we perceive is literally made of almost nothing. This applies not only to what we assume is outside of us, but to our own bodies as well, since the only evidence we have that our bodies exist is our senses.

The sensations of observation, feeling/touching, hearing, tasting and smelling do not reflect something that is happening outside of our body, but is rather our minds' perception of electrical and chemical brain data. Only frustration can result from trying to prove that our perceptions are real, as the only tools we have are our senses which are very limited in scope and efficacy.

The misnomer of a physical self actually refers only to waves of subatomic energy that only seem to have substance based on our perception. So then, the man in the mirror is not real at all but only a trick of the mind. So, who are we really?

The Avatar

Let us now conjecture about an alternative explanation of who we really are. The American Heritage dictionary defines *Avatar* as “A temporary manifestation or aspect of a continuing entity”. If matter is not real but a sort of hologram, and everything we perceive in this world is the result of electro/chemical reactions in our brains, then perhaps we have been looking in the wrong places for answers to our important questions. What if, rather than physical beings walking around in a physical world, the *real us* is a “continuing entity” that has no physical form who is using this world – a holographic matrix – as a means of expressing its consciousness within a context of subjectivity and relativity? What if the realm of pure consciousness and objectivity from which this “source entity” comes is unsuitable for it to experience

such a stimulating scenario? What if, over time, *separation* has inaccurately preempted *relativity* in our perception experience?

CONVERSATION TOPICS:

- 1) Discuss how the concept of the Avatar as the actual dynamic of our existence might explain many mysteries of human experience.
 - 2) Discuss reasons why this scenario of the Avatar *cannot* be possible or true.
-

Individual Manifestations of Source

What is the origin of this sensation of existence that we all have and share together? If what we suppose is the *real us* is not the real us – and in fact is not *real* at all – then who is the real us, where does the real us really live, and what is really real?

Could our “physical” existence be some sort of experiment orchestrated by the true Source of all things? Could we as humans have forgotten the true nature of this experiment somewhere along the line because the illusion seems so real?

So, then, is the human experience in this world simply a temporary manifestation of the real us... an opportunity for the perfect infinite objective Source to experience “imperfection”, finite-ness, and subjectivity? For this “experiment” to work it would require that the singular Source divide itself up into myriad manifestations, and then that each of those individual manifestations *forget* who they really are once the Avatar is in place. It would be like a sort of cosmic video game wherein the Avatar in the game thinks it's the real entity when all the time the true entity is the one in control of the joystick, incarnated only to participate in the experiment. But has someone else taken

control instead? It would seem that the forgetfulness required to make this experiment meaningful has been taken advantage of by an unscrupulous element – let's call it *oligarchy* for lack of a better word – for the purpose of harvesting the potential of the Avatar to fulfill its own selfish ends. Perhaps this *oligarchy* has insidiously modified our forgetfulness, directing it toward self-defeating sentiments and behaviors, consequently keeping the Avatar from experiencing the freedom creativity and joy that this holographic matrix was designed to host. This way the oligarchy could become vicarious creators of what they wanted, rather than each individual creating their own reality to their own liking.

Think about it. How easy would it be for someone with ulterior motives who was fully aware of the true nature of our existence to first hide that information from us, and then to convince us that their version of reality was true instead? I submit that it would be very simple. And it would also explain a lot of things. Maybe the truth is that we are *not* enemies of God trying to get back into favor with him, or hapless products of a random accident of evolution. Maybe the true enemy is we ourselves – people who have bought into the greatest con ever known and have given someone else our creative potential without even realizing it. Free will has its disadvantages! If there is any truth to the above scenario then the root enemy is ignorance alone.

CONVERSATION TOPICS:

- 1) If the hypothetical scenario being discussed has any merit, what mysteries of life might it explain?
 - 2) If the hypothetical scenario being discussed has any merit, what steps can we take to confirm it or to rule it out?
 - 3) If the hypothetical scenario being discussed has any merit, what can we do to direct it in our favor?
-

What's The Purpose?

If we as a species are not living the life we were meant to live, but have been enslaved through our own ignorance, then what really is our purpose on earth? What's the ultimate purpose of this illusion into which the Avatar has been immersed?

What if the purpose is creativity, individuality, experimentation, discovery, and FUN! Are we all experiencing these things to the degree that we might if the suggested scenario were accurate?

The Bottom Line

In offering any theory the evidence must fit the model for the theory to be considered viable. Let us then examine a common model of human existence for this purpose.

This course has thus far revealed that the model of our existence as humans comprises the following elements: 1) That which appears to be real is not real. 2) That which we perceive is 100% subjective. 3) The majority of people in the world don't have what they want or what they need. 4) There is more than enough for everyone. 5) A very small oligarchy owns the majority of the world's wealth based on the efforts of the majority. 6) Traditional answers about our world don't make any sense and/or only dig us deeper into a hole. 7) We are aware that we exist but we don't know where that awareness comes from. 8) We don't know why we are here, where we came from, or where we are going. 9) Our decisions in life are unavoidably guided by subjective predisposition arising from conditioning instilled by other things and people. 10) Those who believe they have the answers can't prove it, and won't really know if they're right until they die. In the mean time they are obedient.

If in our heart we feel there is some truth to what this lesson suggests then we owe it to ourselves to do some real research on the issue. We may be surprised by what we discover.